



01.04.2017
Datum

| Nr. | Name | Vorname | Geschlecht | Geburtsdatum (TT.MM.JJ) | Alter | Schj. 2016/17 | | Klasse: | | Jungen | | Lehrer/in: | | Schw. (Jahr) |
|-----|------|---------|------------|-------------------------|-------|----------------|--------------------|---------------------|---------------------|--------|--|------------|--|--------------|
| | | | | | | 6.1. | 6.2. | 6.3. | 6.4. | | | | | |
| | | | | | | Ausdauer B/S/G | Kraft B/S/G | Schnelligkeit B/S/G | Koordination B/S/G | | | | | |
| | | | | | | 1 800m-L. | 1 Schlagball (80g) | 1 30m-L. 6- 9 J | 6 Seilspringen | | | | | |
| | | | | | | 2 Dauerlauf | 1 Wurfball (200g) | 1 50m-L. 10-13J | 2 Weitsprung ab 12J | | | | | |
| 1 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 2 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 3 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 4 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 5 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 6 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 7 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 8 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 9 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 10 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 11 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 12 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 13 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 14 | | | | | | 1 | | 1 | | 1 | | 6 | | |
| 15 | | | | | | 1 | | 1 | | 1 | | 6 | | |

| | | | | | | | | | | | |
|----------------------|------------------|------------|--------|---|----------------|---|-------------------|---|--------------|---|-----------------|
| Ausdauer | 800m-Lauf | 611 | 6/7J | 1 | 5:40/5:00/4:15 | 1 | 12,00/15,00/17,00 | 1 | 7,7/6,8/6,0 | 6 | 10x/15x/25x |
| Kraft | Schlagball (80g) | 621 | 8/9J | 1 | 5:25/4:40/3:55 | 1 | 17,00/20,00/23,00 | 1 | 7,2/6,4/5,7 | 6 | 10x/15x/25x |
| | Wurfball (200g) | 621 | 10/11J | 1 | 5:05/4:20/3:35 | 1 | 21,00/25,00/28,00 | 1 | 10,3/9,3/8,4 | 6 | 20x/30x/40x |
| Schnelligkeit | 30m-Lauf | 631 | 12/13J | 1 | 4:45/4:00/3:15 | 1 | 26,00/30,00/33,00 | 1 | 9,7/8,9/8,1 | 2 | 3,20/3,50/3,80m |
| | 50m-Lauf | 631 | | | | | | | | | |
| Koordination | Seilspringen | 646 | | | | | | | | | |
| | Weitsprung | 642 | | | | | | | | | |

BRONZE(1Punkt) / SILBER(2 Punkte) / GOLD(3 Punkte)

gütig ab 2017